



Newport Beach Fire Department CERT Training Programs



Wilderness and Remote First Aid Course

2016

August 16 & 18 from 6:30pm – 9:30pm @ Fire Station #7
August 20 from 8:00am – 5:00 pm @ Bonita Canyon Sports Park West
All Classes required for Certification

Registration Required: Contact NBCert@nbfd.net



Designed for outdoor enthusiasts and anyone who works or spends time in remote environments, this course teaches advanced skills to be used in emergencies when help from professional first responders may be far away. Based on the Boy Scouts of America Wilderness First Aid Curriculum and Doctrine Guidelines, this course aligns with OSHA's Best Practices for Workplace First Aid Training Programs.

Two-year certification | Course length: 15 hours

Prerequisites: Must be at least 14 years old and hold current adult CPR/AED certification.

Topics include:

- Primary and Secondary Assessments
- Head/Brain, Neck and Spinal Injuries
- Heat-Related Emergencies
- Hypothermia
- Altitude-Related Illnesses
- Allergies and Anaphylaxis
- Burns
- Bone and Joint Injuries
- Wounds and Wound Infection

Wilderness Guide: http://www.redcross.org/images/MEDIA_CustomProductCatalog/m3240076_WildernessRemoteFirstAidReferenceGuide.pdf

Wilderness Pocket Guide:

http://www.redcross.org/images/MEDIA_CustomProductCatalog/m4240197_WildernessRemoteFirstAid_PocketGuide.pdf