



# CERT VOLUNTEERS NEWSLETTER



*Spring 2015*



## **NBCERT COORDINATOR'S CORNER**

By Matt Brisbois, Newport Beach Fire Department Life Safety Specialist

Hello Newport Beach CERT Volunteers!

Welcome to the first edition of 2015 of the Newport Beach CERT Quarterly newsletter. 2014 was another banner year for the Newport Beach CERT program. We recently held the 7th Annual State of CERT Awards banquet at the end of January and in preparing for the event, the CERT Board of Directors and myself were able to reflect on some of the accomplishments of the CERT program in 2014. I think that it is important to set goals each year and the CERT Board of Directors established ten goals for 2014 that we printed last February in the CERT Quarterly newsletter. Listed below are the 2014 CERT Board of Directors goals and my comments on each.

(Reprint from February 2014 Newsletter)

### Board Goals – 2014

NBCERT's mission is to achieve a culture of resiliency and preparedness in our homes, schools, businesses and civic entities by promoting city-wide training and events which prepare the community for an unexpected disaster and by providing opportunities for all its volunteers to improve and enhance the skills they need to effectively and efficiently provide disaster services support to its city and community in the event of an emergency.

In 2014, we will:

1. Conduct our first comprehensive Neighborhood Drill on Saturday, April 26, 2014  
We conducted our first multi-neighborhood drill on April 26th with eight participating neighborhoods. We also held a How to Organize Your Neighborhood class, a Neighborhood Command Post class and held several Neighborhood drill meetings, including a Hot Wash meeting. The second annual Neighborhood drill is scheduled for Saturday, April 25, 2015.
2. Continue to find unique ways to market the CERT program and to create a "culture of preparedness" throughout Newport Beach, including
  - a. Reviving the CERT Newsletter
  - b. Initiating a Social Media presence

The CERT Board of Directors did a fantastic job at reviving this newsletter. This is the fifth edition of the newsletter and it takes a considerable amount of work to put it together each quarter. A special thanks goes to our Chief Editor Karen Tringali and to all of the Board Members and others that have submitted articles. If you would like to write an interesting article or have some important information to share with your fellow CERT volunteers, please email [NBCERT@nbfd.net](mailto:NBCERT@nbfd.net) or [NBCERTBoard@gmail.com](mailto:NBCERTBoard@gmail.com). We are always looking for articles and new content, so please share with us some of the great things you are doing to better prepare your neighborhoods, schools and businesses. The CERT Board of Directors also set up a Twitter handle: @NBCERTBoard for the Neighborhood Drill and has used the handle to send out tweets during major events such the State of CERT event.

**3. Support the Fire Department by staffing community education booths throughout the year**

Lead by CERT Board of Directors Evalie Du Mars and Marilyn Broughton, the CERT Events Team continues to promote the fire department, CERT program and disaster preparedness at a huge number of community events. From the Corona Del Mar 5 K, Newport Harbor Spirit Walk, CDM Christmas Walk, and Fire Safety Day, the CERT Events Team continues to meet all of the requests for CERT booths at city wide events. If you are interested in assisting with CERT community education booths, please email [NBCERTBoard@gmail.com](mailto:NBCERTBoard@gmail.com).

**4. Develop advanced training opportunities for our CERT Volunteers, including CPR/AED, Mutual Aid, Command Post Operations and How to Organize Your Neighborhood**

All four of the above listed classes were offered in 2014. Thanks to the hard work of Evalie DuMars and Marilyn Broughton ("the twins"), there were many American Red Cross CPR/AED and First Aid classes in 2014 for both CERT volunteers and city employees. They also held two new 16-hour *Wilderness First Aid* classes in 2014. The countywide *CMAP (CERT Mutual Aid Program) Mutual Aid* class was held for the seventh year in a row. Another one will be held again this Spring. The new *Neighborhood Command Post* and *How to Organize Your Neighborhood* classes were created and offered prior to the 2014 Neighborhood Drill. These classes, too, will also be offered again this Spring.

**5. Continue the development, education and training of CERT Communicators**

Lead by CERT Board members Peter Putnam and Gary Standard and with the dedicated assistance of our RACES volunteers, the CERT Communicators program continues to thrive. We added a new Communications Station to the "Drill the Skills", held several CERT Communicators classes as well as the yearly HAM Radio class.

**6. Expand the CERT Administration Team to assist with special projects and day-to-day operations**

The development of a CERT Administration Team has been a challenge. Jan Burns, our CERT Board of Directors member responsible for administration has been great at keeping up with all of the CERT administration projects but she needs help. We are looking for CERT volunteers that would like to work 1-2 days a week for a few hours at a time assisting with some of the administration projects for CERT. If you are proficient on the computer and comfortable with Microsoft Office products and would like to assist with some of the CERT administration projects, please email [NBCERT@nbfd.net](mailto:NBCERT@nbfd.net) or [NBCERTBoard@gmail.com](mailto:NBCERTBoard@gmail.com).

**7. Continue preparation and enhancement of the Volunteer Management trailer for use in drills and potential deployment**

The Volunteer Management trailer continues to improve. We received a new Honda Generator and some new outdoor lights through a UASI grant this year. If you are interested in assisting with the preparation and enhancement of the Volunteer Management trailer in 2015, please let us know. The CERT Board of Directors would like to add a Board position dedicated to ensuring the Volunteer Management trailer is always operational ready to deploy. Please email [NBCERT@nbfd.net](mailto:NBCERT@nbfd.net) or [NBCERTBoard@gmail.com](mailto:NBCERTBoard@gmail.com) if you are interested in being the lead CERT volunteer (or member of the CERT Board of Directors) responsible for the Volunteer Management trailer.

**8. Roll out the new Citizen Corps Volunteer ID Badge System**

The new CERT identification badge system was a major accomplishment for 2014. A big thank you goes out to CERT Board of Directors members Karen Tringali, Jan Burns and Jim Gula for all of their hard work in getting the ID badge system integrated with our existing volunteer data. If you have not received one of the new CERT ID's, we will have the new system at all of the "All Hands" meetings in 2015, both "Drill the Skills" events and other TBD events throughout the year. All CERT volunteers are encouraged to attend one of these events in 2015 to receive your new CERT ID badge.

**9. Maintain and refresh inventory of CERT supplies for classes and community outreach booths**

Thanks to the efforts of Marilyn Broughton and Evalie DuMars, the CERT supplies for classes and community outreach events remained in stock all year. Evalie and Marilyn did a fantastic job all year in checking on all of the supplies at our Station #7 "warehouse".

**10. Recruit major groups within our city (as we did with Pelican Hill Resort and Harbor Day School) to take advantage of our unique BERT, SERT and CERT opportunities**

We continue to work with our major business and school groups. In addition to Pelican Hill Resort and Harbor Day School, we continued our long-time relationship with Pacific Life which has been a major supporter of the CERT program and its own internal BERT program.

We are currently fine-tuning our 2015 Goals, and will publish them in our next newsletter edition.

**State of CERT Awards Banquet**

The 7th Annual State of CERT Awards banquet was held on Friday, January 30th at the Oasis Senior Center Events Center. Over 160 CERT volunteers attended the annual event. The State of CERT Awards banquet is an opportunity to recognize the efforts of all Newport Beach CERT volunteers over the course of the previous year. The keynote speaker for this year was Fire Department Division Chief Cathy Ord. Chief Ord presented the emergency medical services delivery model in Newport Beach, training fire department personnel participate in each year, and the new community para-medicine model. Following Chief Ord's presentation, I presented on some of the programs highlights in 2014, including the first activation of CERT volunteers in the City of Newport Beach for all of the Ben Carlson Memorial events. Members of the Ben Carlson Memorial Foundation were also in attendance and Ben's father Chris and brother-in-law Jake presented information on the Ben Carlson Memorial Foundation and some of their efforts and goals for the upcoming year. It was a moving night with lots of memorable moments. Congratulations to the award winners listed below:

*Newport Beach Fire Department CERT Volunteer of the Year*

**James Gula**

*Kevin Pryor Memorial CERT Instructor of the Year*

**Fire Captain Brett Sutherland**

*Newport Beach Fire Department CERT Neighborhood of the Year*

**Irvine Terrace Home Owner's Association, led by Tom Callister**

*Newport Beach Fire Department Spirit of CERT Award*

**Doak Hefner**

*Emergency Communications Volunteer of the Year*

**Fred Daniel**

**RAISE UP FOR BEN**

At the State of CERT Awards banquet, Ben Carlson's family was in attendance and Ben's father Chris and brother-in-law Jake presented information on the Ben Carlson Memorial Foundation and all of the work they have been doing since his tragic death last Summer. For further information on Ben's Foundation, go to [www.BenCarlsonFoundation.org](http://www.BenCarlsonFoundation.org).

A special thanks goes to all of the CERT volunteers that attended and volunteered to work the dedication of Newport Beach Lifeguard Headquarters in honor of Ben on Sunday, March 8, 2015.

## Newport Beach Fire Department 2nd Annual Neighborhood Drill

On Saturday, April 25, 2015, the Newport Beach Fire Department will host the 2<sup>nd</sup> annual Community Emergency Response Team (CERT) Neighborhood Drill for Newport Beach neighborhoods with organized CERT teams and for neighborhoods that are starting to get organized. If you are from an organized CERT neighborhood, have started to organize your neighborhood or are interested in how to get started in organizing your neighborhood then this drill is for you.

Because the 2<sup>nd</sup> Annual Neighborhood drill is such a big undertaking, we have set-up three CERT Neighborhood meetings to go over all of the details of the drill, to assist neighborhoods in getting prepared for the drill and to handle all questions and administrative issues, the Drill itself, and a final "hot wash" meeting the week after the drill to discuss lessons learned and identify opportunities for future drills.

Last year, we had eight Newport Beach neighborhoods participate in the drill. If your neighborhood was not involved last year but would like to participate in this year's drill then a representative from your team must attend at least two of the three pre-drill meetings to learn how to organize and how to participate in the drill. If you are not part of an organized neighborhood but would like to be involved in the drill, [just email us](#) and we will assign you to one of the participating neighborhoods so you can learn how they do things. The annual Neighborhood drill is specifically for CERT volunteers that are interested in organizing their neighborhoods. Even if your neighborhood is not organized and you only have a few CERT volunteers, your neighborhood can still participate in the neighborhood drill and there are many ways to do so which you will learn about in the three pre-drill meetings.

The goal of the neighborhood drill is to test our existing organized neighborhoods, to assist neighborhoods in getting organized, and to help CERT volunteers who are interested in organizing their neighborhoods. There are many different ways for CERT volunteers to participate in the 2<sup>nd</sup> Annual Neighborhood drill which will be described in the pre-drill meetings. Neighborhood organizers must attend at least two of the three pre-drill meetings in order for their neighborhood to participate.

So if you are interested in participating, [please email us](#) your name, neighborhood and why you would like to participate. If you want clarification on any of the drill requirements, include your questions in the email and we will get back with answers and recommendations.

The CERT Board of Directors and I are looking forward to another great Neighborhood Drill this year.

The 2<sup>nd</sup> Annual Neighborhood Drill meeting information is listed below.

### **Neighborhood Drill Meeting Dates**

#### **Neighborhood Drill Kick-Off Meeting #1**

DATE: Tuesday, March 31, 2015

TIME: 6:30 pm

LOCATION: Newport Beach Central Library Friends Room

[Any participating neighborhood is required to send at least one representative to the kick off meeting. The kick off meeting will review the drill guidelines, etiquette and communications protocols.]

#### **Neighborhood Drill Meeting #2**

DATE: Tuesday, April 14, 2015

TIME: 6:30 pm

LOCATION: Newport Beach Central Library Friends Room

[The second and third neighborhood meetings will go more in depth on the communications challenges with the drill. There will be a review of Twitter and its usage during the drill.]

### Neighborhood Drill Meeting #3

DATE: Thursday, April 23, 2015

TIME: 6:30 pm

LOCATION: To be determined

[The last drill meeting will review the drill guide, volunteer assignments and answer any final questions.]

### Neighborhood Drill

DATE: Saturday, April 25, 2015

TIME: 9:00 am-11:00 am

LOCATION: Your neighborhood or assigned location

### Neighborhood Drill Hot Wash

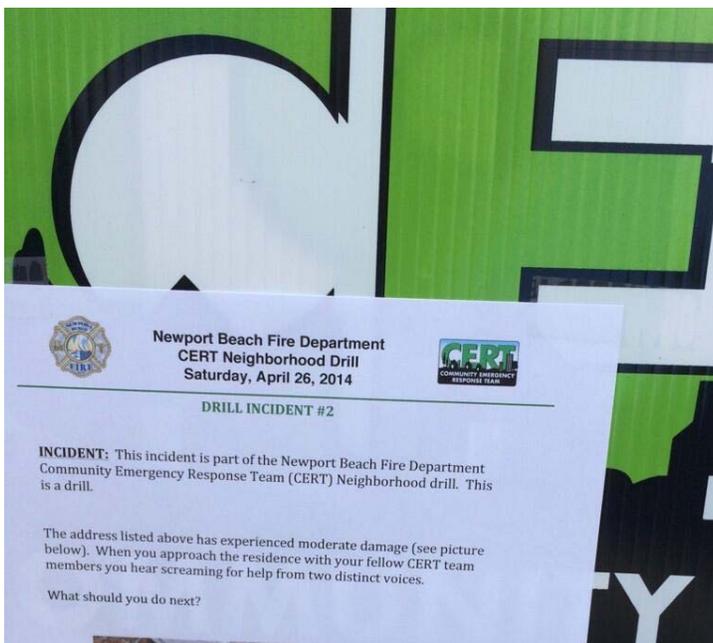
DATE: Tuesday, April 28<sup>th</sup>

TIME: 6:30 pm

LOCATION: Newport Beach Central Library Friends Room

If you are interested in participating in the neighborhood drill, [please email us](#) your name, neighborhood and why you would like to participate.

## Neighborhood Drill 2014



## 2015 Ham Class

By Peter Putnam, Director of CERT Communicators



The recently completed CERT Sponsored Ham Radio class was a resounding success, with 18 Newport Beach residents passing the FCC written test to become new Technician Class ham radio operators.

Gordon West, the leading ham radio educator in the USA today, has been teaching radio classes for more than 40 years. He regaled the class of 35 in his own inimitable way with many props and live demonstrations, making learning so easy it was almost impossible to fail the test.

The training materials were sent out before the classes started, allowing the students a preview of the material to be covered. They prepared in advance and attended classes at Fire Station 7 on two evenings and the following Saturday. Testing was completed on Saturday afternoon. Everyone passed the test.

A highlight of the CERT training season, all of the students enjoyed the class.

Listing of Graduates + Call Signs below:

NAME		CALL SIGN	NEIGHBORHOOD
SHELTON	HARRISON	KK6SAF	Apartment Baywood
ROBERT	BRAY	KK6RZU	Apartment Country Club Garden
VICKY	DENLEY	KK6RZY	Apartment Country Club Garden
JEANNE	CURRY	KK6RZX	Balboa Island Improvement Association
ELAINE	LINHOFF	KK6SAQ	Balboa Peninsula Point Association
ROBERTA	SCHMIDT	KK6SAX	Balboa Peninsula Point Association
DAVID	FRAZER	KK6RZZ	Central Newport Beach Community Assoc.
KEITH	GARRISON	KK6SAA	Central Newport Beach Community Assoc.
CHARLES	TURMELL	KK6SBA	Central Newport Beach Community Assoc.
ELIZABETH	SHIER	KK6SAY	City Of Huntington Beach
CINDY	KERBY	KK6SAL	Crystal Cove Community Association
CINNAMON	SPARKS	KK6SAZ	Harbor Day School
RICHARD	MILO	KK6SAV	Irvine Terrace Community Association
STANLEY	BARCHAN	KK6RZR	Lido Isle Community Association
JOAN	KLOSE	KK6SAO	Lido Isle Community Association
SHARON	WRIGHT	KK6SBD	Lido Isle Community Association
VIRGINIA	LOMBARDI	KK6SAT	Newport Crest Homeowners Assoc.
PATRICIA	HEMPHILL	KK6SAG	One Ford Road
ANITA	MEISTER-BOYD	KK6SAU	Pelican Heights Homeowners Assoc.
DARREN	CHADRA	KK6RZV	The Resort At Pelican Hill

## Night Operations

By James Gula, Director of Technology

It's dark half the time. This simple fact means that "the big one" is just as likely to happen at night as it is during the day, so you and your team need to be prepared to operate at night. Lido and Dover recently conducted a night drill so we thought we'd share some of the things we learned.

The most immediate challenge for night operations is lighting. In any kind of major disaster we need to be prepared for a power outage so even if your command post has good, artificial lighting you may not be able to use it. It's useful to think of lighting in stages because it will take time to set up your primary lights.



bedside.

The first stage for every CERT should be good headlamps. A headlamp is much more useful than a flashlight when you are unlocking things, rummaging through cabinets etc. because you can use both hands. You should get one with adjustable output because it can be blinding to talk to someone with a high-power light in your face. I use a [Petzl Tikka](#) (\$36) but there many other good ones. I keep mine by my



The second stage of lighting for your team should be some good LED lanterns. These provide general area lighting to keep people from stumbling around while you are setting up your gear. They turn on immediately, require no setup and last a long time on D-cell batteries. We use [Black Diamond Titans](#) (\$73) but there are less expensive ones that are probably nearly as good.

For the third stage you'll want to set up some high-power work lights powered by a generator to illuminate your triage and other work areas. The subject of generators is a complex one we'll cover in a future article. You can use old-style halogen work lights but these put a heavy load on your generator, get dangerously hot, take a long time to cool, and burn out frequently so the new LED work lights are a better choice. We found that the Husky [LED Work Light](#) (\$100) works well. It comes on a 5 ft. telescoping tripod so it's easy to position where you need the light and consumes only 33 watts.



generator to that we'll use a generator, a better tripod so it's

Once you have your command post set up and roles assigned you'll want to begin field operations including neighborhood damage assessments, medical aid and search and rescue. These operations are much more difficult to do at night. For this fourth and final stage, you'll need good flashlights and portable lighting. The flashlights we hand out with the CERT backpacks are free and honestly, that's about what they're worth. This is one area where our drill preparations were lacking; the flashlights we had just weren't good enough. When lives are on the line, it's worth spending money get good equipment. Two better alternatives are the [MagLite PRO LED 2D](#) (\$32) and the [Streamlight Survivor](#) (\$55). Both offer amazing long distance beam performance but have strengths and weaknesses relative to each other. The MagLite has better off-axis performance and adjustable focus. The Streamlight is lighter, more rugged, has 2 light levels and clips onto your belt or vest for hands-free operation.



Another good tool for field operations is a 12V inverter that you can plug into a car or truck to deliver regular 110V AC power. [BESTEK](#) (\$27) makes an inexpensive unit that provides 300W of power. With this you can bring one or more LED Work Lights like those described above to the scene to light up first aid and other operations.



Let me mention a little about what it's like to conduct operations at night. Once you have your command post set up and well lit with work lights and so forth, it will operate pretty normally but field operations are different story. This may seem like an odd observation but at night your neighborhood seems much larger. Maybe it's because your field of view is narrower or perhaps you lose reference points to orient yourself but streets that seemed compact and manageable in daylight seem to go on forever. Everything, especially damage assessment, takes longer at night so you need to plan your operations accordingly. To get a sense of what it's like, trying walking some night in a big, unlighted area like the trails of the Upper Bay Park or along Back Bay Drive.



Finally, let me put in a word about safety at night, especially in a drill. It's dangerous out there. When you are in a drill your energy is pumped up and your focus is likely to be on trying to read signs or report on the radio while you are moving back and forth across the streets. But while we're in a drill the rest of the world goes on without us and to drivers rushing home from work you are just a shadow in the dark. When you are moving about your neighborhood, always wear your green vest with reflective stripes. Consider getting some more reflective strips or strap-on lights like night joggers use. And always be careful where you step so you don't trip. We found that a night drill is a fascinating and useful experience and think you will too but do it safely.

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## **CERT Teaching CERT**

By Marilyn Broughton, Events Co-Director

CERT teaching CERT? A bold new step for Newport Beach CERT... to train CERT volunteers to be instructors in CPR, AED, First Aid and Wilderness and Remote First Aid.

When a grant became available which would provide Red Cross instructor training for CERT groups in Orange County, Matt approached Evie and me to see if we would be interested in becoming instructors. We were happy to say yes. We both have backgrounds in medicine, especially cardiology, and we were American Heart Instructors in the past.

The classes were held at the Anaheim Fire Department Training Center over a three day period. The instructor was Mary Jo Flynn, Matt's counter-part in Anaheim.

Since we were learning to be instructors, various teaching strategies were presented, some of which we incorporated into our classes.

Soon after graduating, we were asked to be co-instructors in a two day Wilderness and Remote First Aid Class with Mary Jo to be held at the park in Orange. In spite of ticks and the threat of snakes, we learned a lot about teaching classes outdoors.

We currently teach 6 to 8 CPR, AED, First Aid classes and 1 to 2 Wilderness and Remote First Aid classes per year. Attendance is limited to 20 students, and they must be CERT volunteers or City employees.

The CPR, AED, First Aid class is one of the requirements for CERT volunteers to be certified in Mutual Aid.

The Wilderness and Remote First Aid class, although not required for CERT, is a great "next step" from basic First Aid because it focuses on techniques in long-term patient assessment and prolonged care when paramedics may be delayed for hours following an earthquake or other disaster.

The cost of the CPR, AED, First Aid class is \$40.00, and the Wilderness and Remote First Aid class is \$50.00. Students receive books and other training materials during the classes and a digital Red Cross certificate upon completion. Certificates are valid for two years.

Evie and I thoroughly enjoy conducting these classes and we feel very privileged to teach them at Station 7.

## CERT teaching CERT?



A Great Idea!

## Countywide 2015 Citizen Preparedness Exercise

By Jan Burns, Administration Director

Newport Beach CERT was invited by the Orange County Community Emergency Response Team Mutual Aid Program (CMAP) and the Anaheim/Santa Ana Urban Area to participate in the 2015 Citizen Preparedness Exercise held on Saturday, January 31, 2015 at Beckman High School in Irvine. The vision of CMAP is to harness the power of every individual through education, training and volunteer services to make communities safe, stronger and better prepared to respond to the threats of terrorism, crime, public health issues and disasters of all kinds.



A team of 10 NB CERT volunteers was selected and agreed to participate. The participants were: Nila Ballesteros, Kathryn Branman, Jan Burns, Tom Callister, Bob Chambers, Albert Gonzalez, Jim Gula, Cindy Kerby, Karen Mascitelli and James Ward with Raymi Wun acting as NB CERT Volunteer Coordinator. There were additional teams representing other cities/areas of the county for a total of approximately 160 participants.

All participants were requested to arrive no later than 7:45 AM to check-in, attend the safety briefing and complete the participant waiver before any exercise assignment or activity. Failure to do some could result in exclusion from the exercise. Requested attire included: long pants, closed-toed shoes/boots, CERT vest, helmet, goggles and work gloves.

The Citizen Preparedness Exercise covered the following activities:

- Incident Command Operations
- Search and Rescue
- Triage and Treatment
- Damage Assessment
- Sandbag Placement to Divert Water
- How to Form Traffic Lanes Using Cones
- How to Effectively Use Your Radio

The Incident Command Operations included the use of EOC ICS game for running city resources. I anticipate that this will be utilized in the future for refresher training for CERT graduates. All Newport Beach CERT team participants agreed that they had learned new procedures and enjoyed being participants.

NB CERT graduates through "Drill the Skills" have had hands on exposure to Search and Rescue, Triage and Treatment. But none of the NB Team had had any training in sandbag placement or directing traffic. There is always something new to be learned and to become better prepared for action during emergencies.

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## CERT TIP: A Caregiver's Natural Disaster Prep List

By Jan Burns, Administration Director

Largely based on AARP Org, Sally Abrahams:

<http://blog.aarp.org/2012/05/10/sally-abrahams-caregivers-hurricane-prepare-list/?intcmp=AE-FOU-ENDART-REL>

**1. Think about it:** Where will care recipient go if he/she needs to leave the house quickly? Out of town or the nearest shelter? .... Know how to get there. .... Do they have a pet? Make a [plan for their evacuation](#) too.

**2. ID your go-to people:** Who will take them to safety? Even if they live with or near you, you may not be around when it's time to vacate. Talk over disaster plans with a friend, family member, or neighbor who could step in. Caregiver No. 1 may not be available; have backup helpers who can do the job (i.e. are strong enough to lift a wheelchair or walker into the car.) They need a key to the house and instruction on where to find the evacuation bag.

Have a central person-(you?) -who is notified where they're going. Before there's a problem, let the county emergency services know if your care recipient is elderly or disabled.

**3. Make a list of what you'll need and pack that emergency bag now.** It should have:

- spare clothes for the care recipient
- supplies they use (personal hygiene products or pills)
- legal and medical documents
- health insurance info
- a list of family, friends, and neighbors with phone numbers, email, etc.
- tips for comforting the recipient when they're anxious (a favorite object, soothing music)
- medication

Get an extra supply of medicine and pill splitter, perhaps. Once you've scoped out where you'll go, locate the nearest pharmacy in case you need a medication refill.

If indicated, have a health care proxy so you will have access to the care recipient's medical records. How about legal guardian or **power of attorney** papers? Consult a family or legal aid lawyer.

In the get-away bag, tape items you'll put in at the last minute such as hearing aids or eyeglasses.

**4. Play out the scenario.** Pretend that you or your care recipient knows a disaster is on its way. Whatever is missing from your plan, add in post-haste.



## ***WHAT'S NEW WITH YOU?***

MOVED, CHANGED PHONE NUMBERS, TEXT OR EMAIL, NEWS TO SHARE? LET US KNOW.

NAME:	
HOME ADDRESS:	
MAILING ADDRESS:	
PHONE/TEXT:	
E-MAIL ADDRESS:	
COMMENTS/NEWS:	

FILL OUT, SCAN & EMAIL TO [NBCERTBOARD@GMAIL.COM](mailto:NBCERTBOARD@GMAIL.COM)  
OR GO ONLINE & FILL OUT OUR FORM AT [WWW.CDMRA.ORG/CDMCERTS.HTML](http://WWW.CDMRA.ORG/CDMCERTS.HTML)

## **CALENDAR OF EVENTS: MARCH-JUNE 2015**

By Jan Burns, Administration Director

### **MARCH**

- March 2 @ 6:30pm – All Hands Meeting
- March 11 @ 7:00pm – RACES/CERT Comm Mtg
- March 25 @ 6:30pm – Earthquake/Tsunami Wkshp
- March 28 @ 9:00am – Drill The Skills
- March 31 @ 6:30pm – How to Organize your Neighborhood

### **APRIL – NATIONAL EARTHQUAKE PREPAREDNESS MONTH**

- April 8 @ 7:00pm– RACES/CERT Comm Mtg
- April 13 @ 6:30pm – CPR/AED/First Aid Class 1
- April 14 @ 6:30pm – Neighborhood Drill Meeting
- April 15 @ 6:30pm – CPR/AED/First Aid Class 2
- April 18 @ 9:00am–Balboa Island Neighborhood Mtg
- April 22 – CdM Town Meeting & CERT Expo
- April 23 @ 6:30pm – Neighborhood Drill Meeting
- April 25 @ 9:00am - Neighborhood Drill
- April 28 @ 6:30pm – Neighborhood Drill “Hot Wash”

### **MAY**

- May 13 @ 7:00pm – RACES/CERT Mtg
- May 16 @ 6:30pm – CMAP Mutual Aid Class @ EOC
- May 17 @ 11:00am– Public Safety Day at the Dunes

### **JUNE**

- June 6 @ 6:30am CERT Booth @ CdM 5K
- June 7 @ 10:00am – CERT Booth @ BI Parade
- June 9 @ 6:30pm – All Hands Meeting
- June 10 @ 7:00pm – RACES/CERT Mtg
- June TBD @ 7:00pm – Ham Radio Training-Field Day
- June 27-28 – RACES Field Day

The complete Master Calendar for 2015 can be found on our CERT Volunteer webpage at <http://cdmra.org/cdmcerts.html>

If you have any questions about these or other CERT events, send us an email at [NBCERTBoard@gmail.com](mailto:NBCERTBoard@gmail.com).



## **YOUR QUESTIONS & OPINIONS COUNT!**

What changes can we make to our program to help you be more effective in preparing your neighborhoods and families? What articles would you find interesting in our next CERT Volunteer Newsletter? Email your suggestions to [NBCERTBoard@gmail.com](mailto:NBCERTBoard@gmail.com)



## **NBCERT EMAILS**

On a monthly basis, or when needed, the City of Newport Beach sends out notifications about NBCERT activity and events. These email notifications are generated through the City's Select Alert System. Every Newport Beach resident is encouraged to sign up and select from a variety of topics. NBCERT volunteers, especially, are encouraged to sign up and select the categories: Disaster Preparedness and Community Preparedness. If you are not getting these emails from the City of Newport Beach, please consider doing so without delay.

Sign up here:

<http://www.newportbeachca.gov/index.aspx?page=614>

In addition to the City emails, your NBCERT Board of Directors send out emails on an as-needed basis, reminding you of upcoming events and activities. Our emails give you the opportunity to RSVP for these events, and to ask questions directly to your volunteer Board members.

If you are not getting these emails, it is likely that we either don't have your email address, or the email address we have for you is an old one and no longer valid. Please consider subscribing to the NBCERT Board email list for an enhanced look at what your program is doing.

Sign up here:

[NBCERTBoard@gmail.com](mailto:NBCERTBoard@gmail.com)

Please put the following in the Subject Line:  
Email News Subscription



## **DO YOU TWEET?**



If you already have a Twitter account, please follow us @NBCERTBoard. If you don't have one, consider setting one up for you and for your neighborhood. It's fun, easy and enhances our communications with fellow volunteers.



